

## **OVERVIEW**

THE CANADIAN

This self-paced course provides young athletes with practical guidance to help them identify appropriate and inappropriate conduct, be respectful and inclusive in sport environments, and understand their responsibility to report concerns. Course content is delivered online in a concise, engaging format that accommodates the busy schedules and varying learning styles of participants.

## YOUNG ATHLETES WILL LEARN HOW TO:

- Distinguish between appropriate and inappropriate conduct in sport settings
- · Apply principles of inclusion and respect in their interactions with everyone involved in their sport
- Understand when and how to report behaviour that makes sport environments unsafe or unwelcoming

## ABOUT THE LEARNING EXPERIENCE

- **Immediate access.** Participants can begin training instantly and receive their Certificate of Completion upon passing the required test.
- **Flexible pacing.** Each learner moves through the material at their own speed, accommodating different learning styles and schedules.
- **Universal access.** The course works on any device with an internet connection computer, tablet, or phone.
- **Active learning.** Content comes to life through interactive exercises, quizzes, and realistic scenarios that reinforce key concepts.

## TIMELINE FOR COMPLETION

This is a self-paced course. Most participants will complete their training within 20-30 minutes.